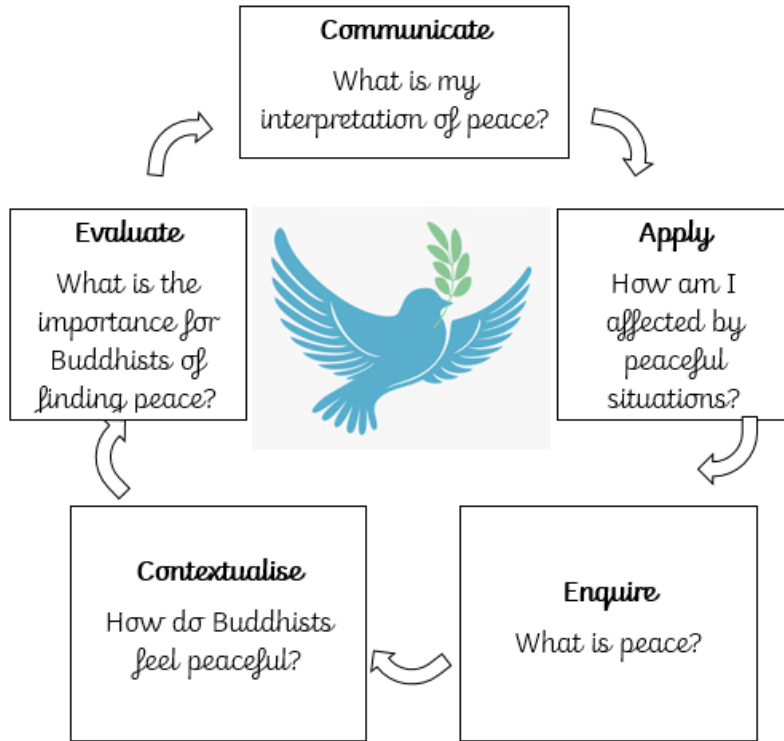


RE Knowledge Organiser – Year 5 Spring term 2a

Concept: Peace



- Key knowledge
- The history of Siddhartha (Buddha) and why peace and meditation are so important to him.
 - Finding out the features of the Buddha Rupa statue.
 - Examine different methods Buddhists have to find peace.
 - The story of ‘the real meaning of peace’
 - Peace is important in various religions – they all show it in different ways, expressions and actions.

Main religion: Buddhism
Also mentions: Hinduism
 Christianity, Judaism, Islam,
 Sikhism

Can people feel peace all the time?

Key vocabulary					
zen	a state of calm attentiveness in which one's actions are guided by intuition	pacifist	A person who does not believe in war or violence.	karma	Good or bad luck, viewed as resulting from one's actions
mindfulness	Used to help mental wellbeing and focuses on being present in the moment.	conflict	When two or more groups are engaged in fighting or war	shalom	A greeting, also meaning peace – used by jews
lotus	A cross-legged sitting meditation pose from ancient India, in which each foot is placed on the opposite thigh	meditation	is a practice that involves focusing or clearing your mind using a combination of mental and physical techniques	Inner peace	Being able to feel peace in yourself. Being in a state of inner peace is healthy and relaxing.

