

P.E.

Year 6 – Tag Rugby



About this Unit

Tag Rugby is an invasion game. An invasion game is a game where two teams play against each other. You invade (enter) the other team's space to try to score goals.

Knowledge & Skills

Knowledge:

Making quick decisions about when, how and who to pass to will help you to maintain possession

Transitioning quickly between attack and defence will help your team to maintain or gain possession.

Skills:

I can pass and receive the ball with increasing control under pressure.

I can tag opponents individually and when working within a unit.

I can select the appropriate action for the situation and make this decision quickly.

I can work collaboratively to create tactics with my team and evaluate the effectiveness of these.

Golden Threads

Motor competence – Manipulate objects

- Catch
- Throw
- Run
- Change direction and speed

Healthy participation

How will this unit help your body?

Agility, balance, co-ordination, speed, stamina

Rules, strategies and & tactics

Forward passes are not allowed the ball must be passed sideways or backwards.

If a team uses a forward pass (any pass where the ball travels in the direction of the team's scoring/try line), a free pass is given to the non-offending team.

When a tag is made, all defending players must get into an onside position. Onside is in front of the ball carrier, offside is behind the ball carrier.

Defenders must be three big steps in front of the ball carrier after a tag has been made and are not allowed to intercept or block the pass after a tag is made.

Using tactics will help your team to maintain possession and score goals or deny space, gain possession and stop goals.

YEAR 3

I can pass and receive the ball with some control.

I can move with a ball towards goal with increasing control.

I can defend an opponent and attempt to tag them.

I can communicate with my team and move into space to help them.

YEAR 4

I can pass and receive the ball with increasing control.

I can delay an opponent and help prevent the other team from scoring.

I can help my team keep possession and score tries when I play in attack.

I can use simple tactics to help my team score or gain possession.

YEAR 5

I can pass and receive the ball with some control under pressure.

I can tag opponents and close down space.

I know what position I am playing in and how to contribute when attacking and defending.

I understand the need for tactics and can identify when to use them in different situations.

YEAR 6

I can pass and receive the ball with increasing control under pressure.

I can tag opponents individually and when working within a unit.

I can select the appropriate action for the situation and make this decision quickly.

I can work collaboratively to create tactics with my team and evaluate the effectiveness of these.

Key vocabulary

Close down: to reduce the amount of space for an opponent

Draw: encourage movement of an opponent

Offside: when a tag is made, all defending players must get into an onside position.

Onside: when the defender is in front of the ball carrier.

Track: to move your body to get in line with a ball that is coming towards you.