



Outdoor Learning Knowledge Organiser		
Year group: 3	Topic: Social and Emotional Wellbeing	Self-Awareness and Self-Management
Key Question: What makes me unique?		

What key knowledge will I have by the end of this journey?

- To be able to identify achievements
- To be able to identify aspirations
- To be able to recognise their individuality and personal qualities.
- To understand what it means to be brave
- To know what resilience means and why it is important.

Key Vocabulary:
Achievement, Aspirations, Being yourself, hopes, dreams, worries, talent, reflection, brave, courage, resilience, self-belief, high aspirations

Links to National Curriculum - PDL

Express opinions and listen to those of others

Consider others' points of view.

Practise explaining the thinking behind their ideas and opinions.

Reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals.

Recognise and respond appropriately to a wider range of feelings in others.



My outcome will be

- To recognise what makes me unique.
- To recognise my achievements and aspirations.
- To acknowledge that it is normal to have worries

What key skills will I have by the end of this journey?

- I can recognise the factors that make people similar to and different from each other
- I can recognise and celebrate differences
- I can celebrate my success



Links to previous and future learning

In Year 3	In year 4 To understand that decision making has potential consequences. To explore the benefits of having a positive attitude.	In Year 5 To explain and understand the importance of teamwork. To practice being an effective team member.	In year 6 To understand the benefits of living in a diverse community and respecting the differences in people. To explore change and transition.
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