

P.E.

Year 3 – Rounders



About this Unit

Rounders is a striking and fielding game. The game has one fielding team and one batting team. Both teams will play one round, called an 'innings', as fielders and once as batters. Batters score by running around the four bases on the field.

Knowledge & Skills

Knowledge:

Striking: Strike to a space away from fielders will help you to score.

Fielding: look at where a batter is before deciding what to do. Communicate with teammates

Throwing: overarm throwing is used for long distances and underarm throwing for shorter distances.

Catching: move your feet to the ball.

Skills:

I can bowl a ball towards a target.

I am beginning to strike a bowled ball.

I am developing an understanding of tactics and I am beginning to use them in game situations.

I can use overarm and underarm throwing and catching skills.

Golden Threads

Motor competence – Manipulate objects

- underarm and overarm throw
- catch
- bowl
- track a ball
- field and retrieve a ball
- bat

Healthy participation

How will this unit help your body?

Agility, balance, co-ordination, speed.

Rules, strategies and & tactics

OUTS

A player will be called out if they are:

- Caught out: fielders catches a batted ball
- Run out: their teammate runs to the same post as them
- Stumped out: fielder stumps the post that the batter is running to
- They run inside the bases

HOW TO SCORE

- One rounder = ball is hit and live batter runs to 4th
- A half rounder = ball is hit and live batter gets to 2nd
- A half rounder = ball is not hit and live batter gets to 4th
- A half rounder = two consecutive no-balls

Tactics will help your team to achieve an outcome e.g. when fielding spread out to make so that you have a better chance of catching a batter out or stopping them from scoring.

<p>YEAR 3 I can bowl a ball towards a target.</p> <p>I am beginning to strike a bowled ball.</p> <p>I am developing an understanding of tactics and I am beginning to use them in game situations.</p> <p>I can use overarm and underarm throwing and catching skills.</p>	<p>YEAR 4 I can bowl a ball with some accuracy, and consistency.</p> <p>I can communicate with my teammates to apply simple tactics.</p> <p>I can strike a bowled ball with adapted equipment (e.g. a tennis racket).</p> <p>I can use overarm and underarm throwing and catching skills with increasing accuracy.</p>	<p>YEAR 5 I am beginning to strike a ball with a rounders bat.</p> <p>I am developing a wider range of fielding skills and I am beginning to use these under some pressure.</p> <p>I understand the need for tactics and can identify when to use them in different situations.</p> <p>I understand there are different skills for different situations and I am beginning to use this.</p>	<p>YEAR 6 I can strike a bowled ball with increasing consistency.</p> <p>I can use a wider range of skills with increasing control under pressure.</p> <p>I can work collaboratively with others to get batters out. I can work in collaboration with others so that games run smoothly.</p> <p>I understand and can apply some tactics in the game as a batter, bowler and fielder</p>
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Key vocabulary

Accuracy: how close the object is to the given target

Batter: a player on the batting team

Cushion: take the power out of an object

Short barrier: creating a barrier with hands in front of feet to stop a ball travelling at slow speed

Strike: to hit

Stumped out: when a fielder touches the ball to get the batter out