

P.E.

Year 4 – Tag Rugby



About this Unit

Tag Rugby is an invasion game. An invasion game is a game where two teams play against each other. You invade (enter) the other team's space to try to score goals.

Knowledge & Skills

Knowledge:

Moving into space will help your team keep possession and score goals.

As an attacker shoot when close to goal or if there is a clear path. Pass when a teammate is free and in good space. As a defender mark a player to stop them from being an option. Try to intercept the ball as it is passed.

Skills:

I can pass and receive the ball with increasing control.

I can delay an opponent and help prevent the other team from scoring.

I can help my team keep possession and score tries when I play in attack.

I can use simple tactics to help my team score or gain possession.

Golden Threads

Motor competence – Manipulate objects

- Catch
- Throw
- Run
- Change direction and speed

Healthy participation

How will this unit help your body?

Agility, balance, co-ordination, speed, stamina

Rules, strategies and & tactics

Forward passes are not allowed the ball must be passed sideways or backwards.

When tagging, hold up the tag and shout 'tag...' followed by the number tag it is e.g. 'tag two' then give the tag back. The attacker has 3 seconds to pass then must place the tag back on their belt before re-joining the game. If the defending team make three tags in one attacking play, they gain possession. A player cannot be tagged when taking a free pass.

Defenders must be three big steps in front of the ball carrier after a tag has been made and are not allowed to intercept or block the pass after a tag is made.

Using tactics will help your team to maintain possession and score goals or deny space, gain possession and stop goals.

<p>YEAR 3 I can pass and receive the ball with some control.</p> <p>I can move with a ball towards goal with increasing control.</p> <p>I can defend an opponent and attempt to tag them.</p> <p>I can communicate with my team and move into space to help them.</p>	<p>YEAR 4 I can pass and receive the ball with increasing control.</p> <p>I can delay an opponent and help prevent the other team from scoring.</p> <p>I can help my team keep possession and score tries when I play in attack.</p> <p>I can use simple tactics to help my team score or gain possession.</p>	<p>YEAR 5 I can pass and receive the ball with some control under pressure.</p> <p>I can tag opponents and close down space.</p> <p>I know what position I am playing in and how to contribute when attacking and defending.</p> <p>I understand the need for tactics and can identify when to use them in different situations.</p>	<p>YEAR 6 I can pass and receive the ball with increasing control under pressure.</p> <p>I can tag opponents individually and when working within a unit.</p> <p>I can select the appropriate action for the situation and make this decision quickly.</p> <p>I can work collaboratively to create tactics with my team and evaluate the effectiveness of these.</p>
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<p>Key vocabulary</p> <p>Delay: To slow an object or player</p> <p>Dodge: Change direction quickly, often used to lose a defender or avoid being caught</p> <p>Forward pass: When the ball is passed in the direction of a team's try line</p> <p>Possession: To have</p> <p>Supporting: Being an option for the person with the ball</p> <p>Track: To move your body to get in line with a ball that is coming towards you</p> <p>Try: The name of a point scored by placing</p>
